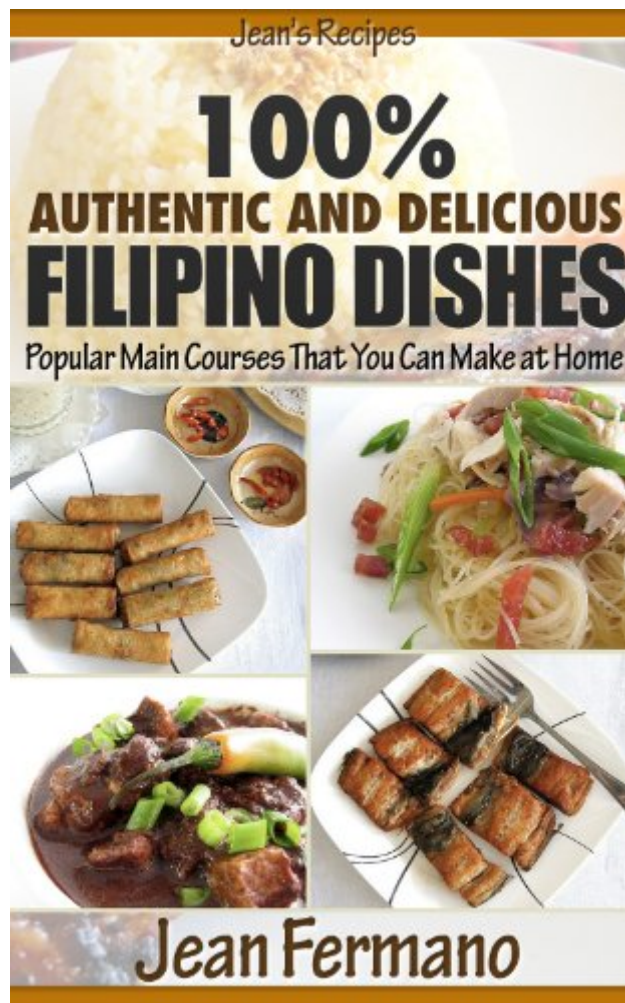


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# Jean's Recipes: 100% Authentic And Delicious Filipino Dishes. Popular Main Courses That You Can Make At Home.



## Synopsis

Filipino food deliciously blends together the best of popular ideas from Chinese, Spanish, and Malaysian dishes. The Filipino cooking style is easy, healthful, fast, and fun. In her first cookbook, Jean Fermano shares how to make the most popular Filipino dishes using fresh ingredients and simple techniques. Her recipes are 100% authentic and have passed the test of time, having been lovingly passed down from her auntie. Even if you have never cooked Filipino food before, you can still make these delightful dishes at home for your family tonight.

## Book Information

File Size: 1523 KB

Print Length: 54 pages

Simultaneous Device Usage: Unlimited

Publication Date: December 30, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B00AVBHMSQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #526,492 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian >

Pacific Rim #104 in Books > Cookbooks, Food & Wine > Asian Cooking > Pacific Rim #1009

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